

HomeFit Handout: Resources

Nationwide Resources

AARP

- **AARP Livable Communities:** This site offers a wealth of information and resources for residents AND community leaders alike. aarp.org/livable
- **AARP HomeFit Guide:** To download or request additional copies. aarp.org/homefit
- **HomeFit AR:** The app uses image recognition to identify design elements and appliances like refrigerators, sinks and stairs, then employs augmented reality to provide additional information with specific “to-dos” or fixes to help you stay in the home you love. Available for iPad and iPhone on the [Apple App Store](#).

AARP Foundation

- **Here to Stay: Home Upkeep for All,** a step-by-step guide to help you plan and prepare so that home maintenance is more manageable and affordable. <http://aarpfoundation.org/heretostay>

Additional Resources

- **American Occupational Therapy Association:** Occupational therapists recognize the health and disability issues people face over a lifetime and know how to match the abilities of an individual with needed supports. aota.org: Visit the “Patients and Clients” section.
- **National Association of Home Builders – Certified Aging-in-Place Specialists:** These specialists recognize the unique needs of the older adult population and are knowledgeable about aging-in-place home modifications, common remodeling projects and solutions to common barriers. nahb.org and search for [Certified Aging-in-Place Specialist](#) or call 800-368-5242.
- **US Department of Veterans Affairs (VA):** The VA has three housing-related grant programs. The Specially Adapted Housing (SAH) grant program, Temporary Residence Assistance (TRA) grant program and Home Improvement and Structural Alternations (HISA) grant program. benefits.va.gov
- **American Physical Therapy Association:** Physical therapists and movement experts who improve quality of life through hands-on care, patient education and prescribed movement. choosept.com