PEBB Retiree Insurance

Public Employees Benefits Board Program Outreach & Training 2023

> Washington State Health Care Authority

Disclaimer

The information provided in this presentation applies to **both PEBB and SEBB employees** and is intended to be a **general overview** of the Public Employees Benefits Board (PEBB) Program's Retiree Insurance coverage.

The laws and rules that govern the PEBB Program, along with the specific certificate of coverage for each insurance benefit, are the final authority in deciding eligibility, defining enrollment periods, and determining benefits.



Agenda

Eligibility for Retiree Insurance

- 2 Deferring Coverage
- 3 PEBB Medical Plans
- 4 PEBB Dental Plans

- 5 Life Insurance Options
- 6 Enrollment Process & Premium Payment Options
- 7 Making Changes

8 Who to Contact



General Information



Public Employees Benefits Board (PEBB)

Administered by the Health Care Authority (HCA)

• PEBB Retiree Insurance offers access to comprehensive health insurance to:

Retiring and separating public employees enrolled in **PEBB benefits**

Retiring and separating school employees enrolled in SEBB benefits



PEBB Retiree Benefits

PEBB retiree insurance offers:

- Medical (includes Vision) and Dental Insurance
 - Non-Medicare and Medicare plan options
 - Preferred Provider Organization (PPO)
 - Managed-care options (HMO)
- Life insurance

Vision benefit is included in the medical plans



Deadline to Enroll or Defer

If you plan to enroll in or defer PEBB Retiree Insurance:

- PEBB Retiree Election Form A and any other required documents must be received by the PEBB Program
- No later than 60 days after employer-paid, COBRA, or continuation coverage ends

If you miss the 60-day election period, you lose all rights to enroll in or defer PEBB retiree insurance coverage unless you regain eligibility in the future.



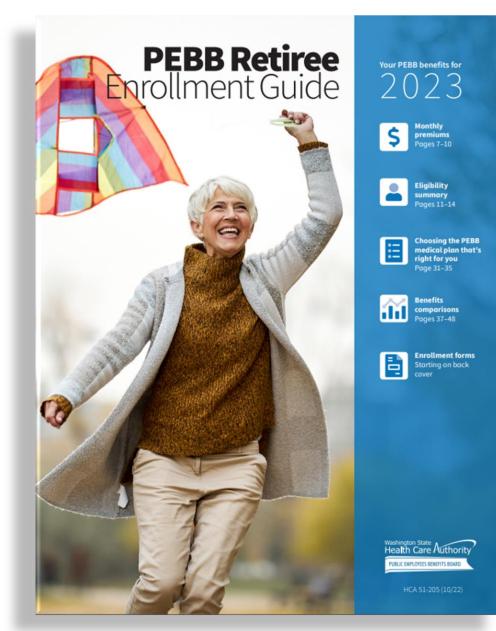
2023 PEBB Retiree Enrollment Guide

View or download the enrollment guide and forms online

- PEBB Retirees website:
 - Find forms and publications
 - <u>hca.wa.gov/assets/pebb/51-0205-retiree-</u> <u>enrollment-guide-2023.pdf</u>

Contact customer service to request a guide

• 1-800-200-1004

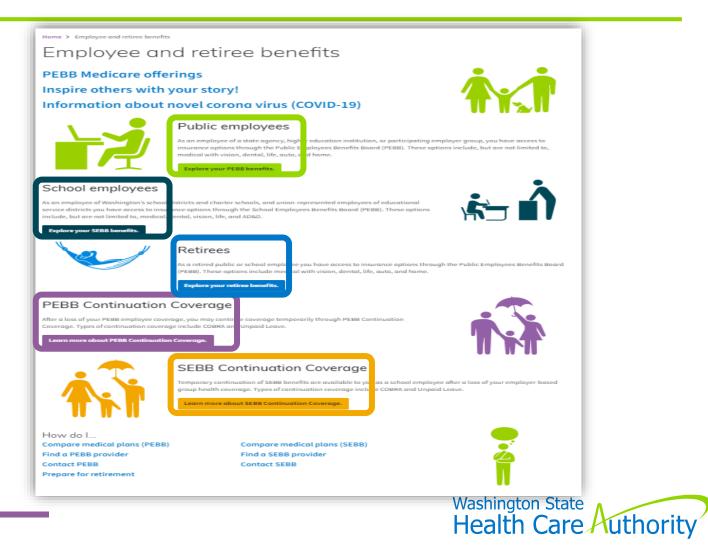




hca.wa.gov/employee-retiree-benefits

Contact

• 1-800-200-1004



Eligibility

PEBB Retiree Insurance

WAC 182-12-171



PEBB Retiree Insurance Eligibility

Department of Retirement Systems (DRS) Plans 1 or 2

- Vested & eligible to retire when insurance coverage ends
- Must immediately begin receiving pension payment

Must apply to enroll or defer **no later than 60 days after** employer-paid, COBRA, or continuation coverage ends





PEBB Retiree Insurance Eligibility

DRS Plan 3 or Washington Higher Education Retirement Plan (HERP)

- Vested & eligible to retire when insurance coverage ends
- Not required to begin receiving pension payment
 - If Plan 3, contact DRS
 - If higher-ed, contact your benefits office

Must apply to enroll or defer **no later than 60 days after** employer-paid, COBRA, or continuation coverage ends



2024 PEBB Retiree Insurance Eligibility

Members of:

- PERS, SERS, or TRS Plan 2
- Any DRS Plan 3

Must apply to enroll or defer no later than 60 days after employer-paid, COBRA, or continuation coverage ends

• Washington Higher Education Retirement Plan (HERP)

Must be vested & eligible to retire when insurance coverage ends

- Not required to begin receiving pension payment
 - Plan 3, or PERS, SERS, or TRS Plan 2 contact DRS
 - Higher-ed contact your benefits office



Effective January 1, 2024.

Understanding When PEBB Retiree Insurance Begins

For school employees:

- Article posted on Department of Retirement Systems (DRS) website
- Guidance for school employees retiring in July vs September
 - How to decide
 - Costs –Employer-paid benefits vs retiree health insurance coverage during the last two months of your contract
 - Timing when you want your COLA to start

drs.wa.gov/drs-notice-23-004-separation-dates-for-drs-and-sebb/

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Teachers: Time your retirement
       Publications
                                              Posted on February 16, 2023
       News
       Outlook News
                                               When it comes to retirement for teachers and school employees, a few months can have big
                                               impacts. Fully understanding how to time your retirement to maximize earnings, Cost-of-Living
       Annual Comprehensive Financial Report (ACFR)
                                               Adjustments (COLA) and your Public Employees Benefits Board (PEBB) retiree health insurance is
       Participating Employer Financial Information
                                               important.
       (PEFI)
                                               Basically, it comes down to two things:
       Podcast: Fund Your Future with DRS

    The cost of your current employer-paid benefits versus the cost of retiree health insurance

                                                coverage during the last two months of your contract

    When you want your COLA to start

                                               COLA
                                               Your monthly benefit will be adjusted on July 1 every year, starting the first full year after
                                               retirement. The COLA depends on the Seattle Consumer Price Index (CPI) percentage change,
                                               though the COLA is capped at 3% a year. If the CPI is higher than 3%, the additional COLA is banked
                                               and added to your benefit in future years when the CPI is less than 3%
July retirement
 If you separate from employment and end your contract in June you can retire starting in
 July 2023:
  You'll receive your pension benefit plus your salary for July and August.
                                                                                                                     be
  Your COLA will be applied starting on July 1, 2024.
  Health insurance through SEBB program will end after June 30, 2023, and you will be
  responsible for your health insurance costs for July and August. However, if you're eligible and
  meet PEBB's procedural requirements, your retiree insurance coverage will start July 1, 2023.
September retirement
 If you separate from employment and end your contract in August, you can retire starting
 in September 2023:
 Your pension benefit will start in September.
 The COLA won't go into effect until July 2025, but the one you missed will be banked, or set
  aside. This means that your COLA in 2025 could be bigger than it would have been if you had
  chosen to retire in July 2023.
  You'll earn service credit for July and August unless you're in TRS Plan 1
 You'll continue receiving SEBB program insurance coverage in July and August.
                                                                   Washington State
                                                                   Health Care Authorit
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14 https://www.drs.wa.gov/tie-your-retirement-newsfeed/

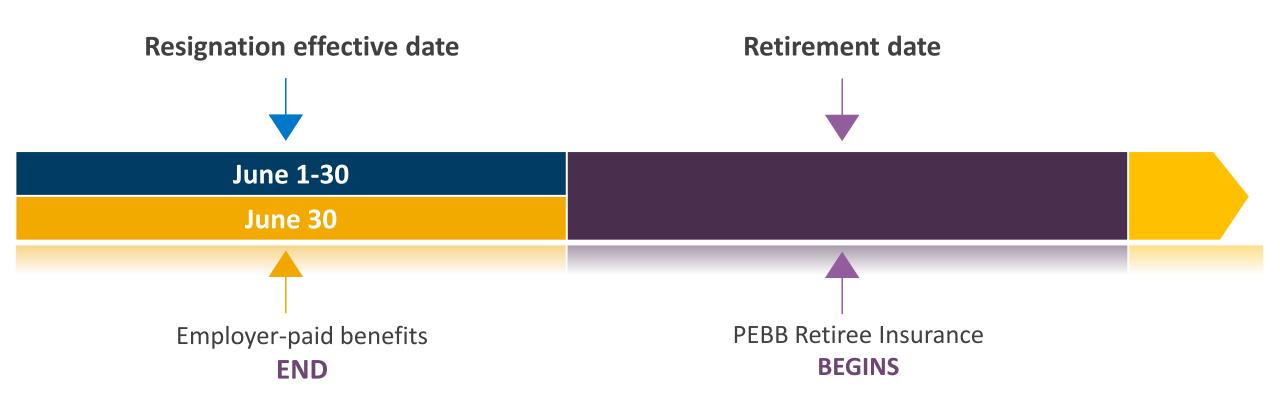
When PEBB Retiree Insurance Begins

Your employer-paid, COBRA, or continuation coverage will end the **last** day of the month, in which you resign or separate from employment.

PEBB Retiree Insurance Begins the first day of the month after your employer-paid, COBRA, or continuation coverage ends



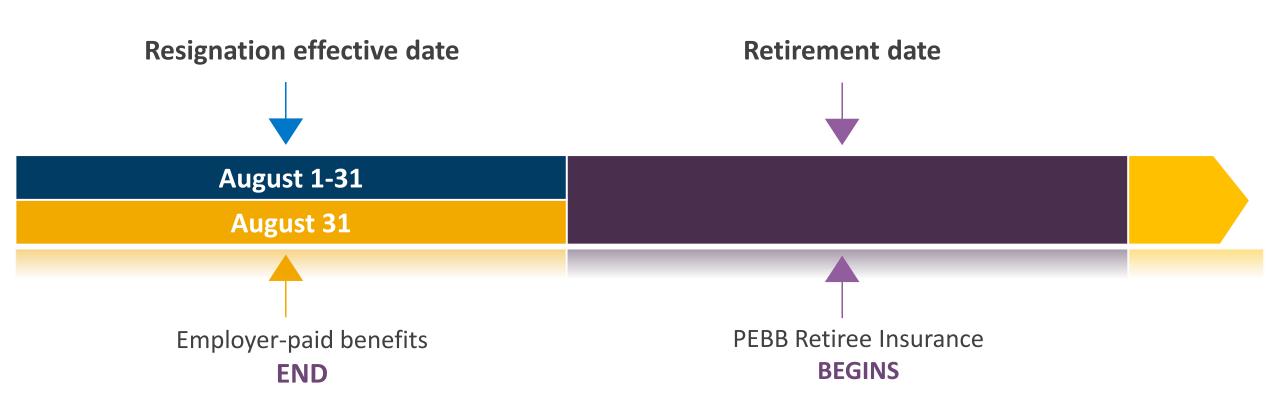
July Retirement Example



Employee's retirement date can be July 1 at the earliest (No service credit for July/August)



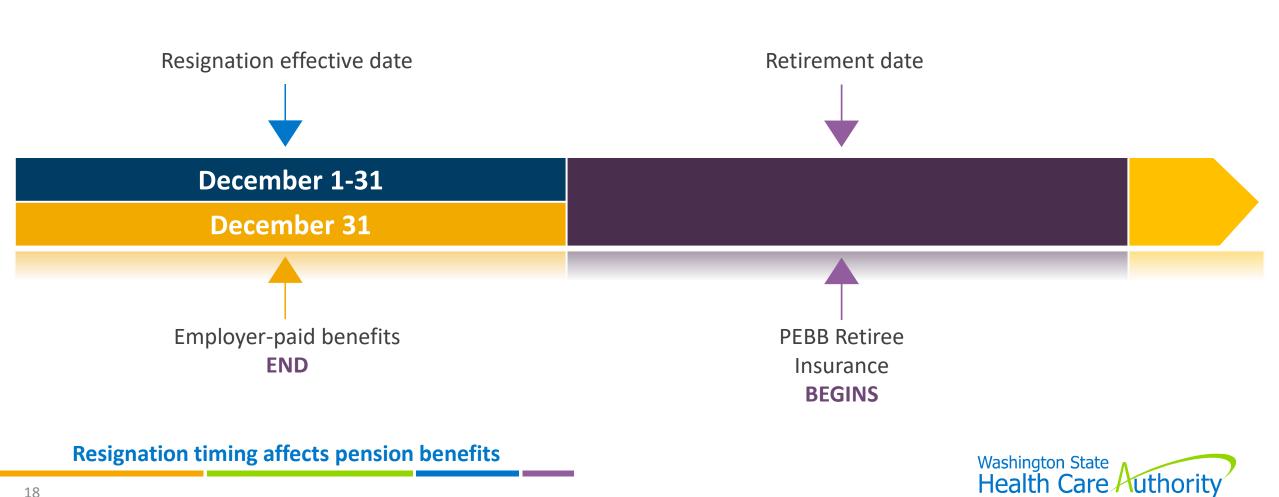
September Retirement Example

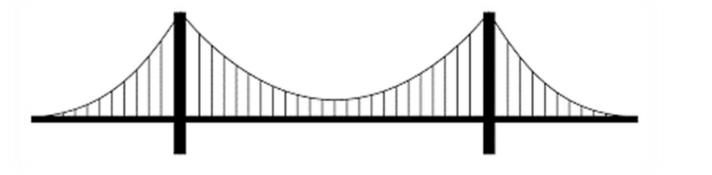


Employee will earn service credit for July/August (except for TRS Plan 1)



January Retirement Example







COBRA

- An extension of some of your current employer's benefits, paid by the employee, and generally available for up to 18 months
- Employees may use **up to 18 months** of COBRA as a "**bridge**" to PEBB retiree insurance coverage eligibility if:

The employee has met the years of service requirement of their retirement plan, but has not met the age requirement



COBRA Bridge Example: Retire at Age 55



COBRA Bridge Example: Retire at Age 65



Deferring Enrollment

PEBB Retiree Insurance

WAC 182-12-200 & WAC 182-12-205



Deferring Enrollment

Deferring means **pausing** or **postponing** your enrollment in PEBB retiree insurance coverage, so you keep your eligibility to enroll later.

Retiree Election form A **must be received** by the PEBB Program <u>**no later**</u> <u>**than 60 days**</u> after employer-paid, COBRA, or continuation coverage ends

Election Form A needs to indicate:

- You are deferring
- Type of medical coverage you are enrolling in that allows you to defer





You may defer if you will be <u>continuously</u> enrolled in other qualified medical coverage

Deferring Enrollment

Employer based group medical

As an employee or dependent of an employee

PEBB or SEBB Program
 As a dependent

Federal retiree plan* (such as TRICARE)
 As a retiree or a dependent of a retiree

 Civilian Health & Medical Program of the Department of Veteran's Affairs* (CHAMPVA)

As a dependent

Health Benefit Exchange*
 (Non-Medicare subscriber only)

• Medicare Parts A and B, and a Medicaid plan that provides creditable coverage

*One-time opportunity to enroll in a PEBB retiree health plan after deferring.



Retiree Election Form A

Complete Retiree Election Form A and submit to the PEBB Program.

No later than 60 days after employer-paid, COBRA, or continuation coverage ends!

2023 PEBB Retiree Enrollment Guide, page 28

Health Care Authority 2023 PEBB Retiree Election
PUBLIC EMPLOYEES BENEFITS BOARD Form (form A)
Complete this form to enroll in or defer (postpone) enrollment in PEBB retiree insurance coverage. If you wish to make a change to an existing retiree account, please use the <i>PEBB Retiree Change Form</i> (form E). All forms and documents mentioned and a self-paced tutorial about how to complete this form are available on HCA's website at hca.wa.gov/pebb-retirees . Remember to read and sign Section 7. To enroll children, fill out Section 9. This form replaces all retiree enrollment/change forms submitted in the past. Type or print in dark ink using all capital lettering in the spaces provided. Inaccurate, incomplete, or illegible information may delay coverage. Example: <u>J</u> OHN
Enroll: (Check all that apply.)
Medical only rical and dental Retiree term life insurance
Defer: Defer (postpone) rage. Except as stated below, this defers coverage for all eligible dependents.
Deferral date:
Enroll after defenses werage: You will need to provide proof of continuous enrollment in one or more qualifying coverages (with a second dates). A gap in coverage of 31 days or less is allowed between the date PEBB retiree insurance cover a deferred and the start date of a qualifying coverage, and between each qualifying coverages during the deferred.
Date other standing coverage ended:
erring or enrolling after deferring, check the box(es) below that apply to you.
nrolled as a dependent in a health plan sponsored by the PEBB Program, a Washington State educational service district, a School Employees Benefits Board (SEBB) Program. This includes coverage under COBRA or continuation coverage.
nrolled in employer-based group medical as an employee or employee's dependent, including medical insurance ontinued under COBRA or continuation coverage.
nrolled in medical coverage as a retiree or dependent of a retiree in a TRICARE plan or the Federal Employees Health enefits Program. You have a one-time opportunity to enroll in a PEBB retiree health plan.
nrolled in a Medicaid program that provides creditable coverage and in Medicare Part A and Part B. You may continue to over eligible dependents who are not eligible for creditable coverage under Medicaid.
nrolled in the Civilian Health and Medical Program of the Department of Veterans Affairs (CHAMPVA). You have a one- me opportunity to enroll in a PEBB retiree health plan.
Son-Medicare subscribers only: Enrolled in qualified health plan coverage through a health benefit exchange tablished under the Affordable Care Act. This does not include Medicaid (called Apple Health in Washington State). You are a one-time opportunity to enroll or reenroll in a PEBB retiree health plan.
The premium surcharges, if applicable, only apply to subscribers who are not enrolled in Medicare Part A and Part B.
acco use premium surcharge
ponse required if you are enrolling in medical coverage. The PEBB Program requires a \$25-per-account premium surcharge ddition to your monthly medical premium if you or an enrolled dependent (age 13 or older) uses a tobacco product

Washington State

If de

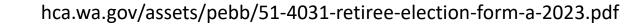


Enroll After Deferring

To enroll in PEBB retiree insurance after deferring the PEBB Program must receive:

- Retiree election form A
- **Proof of continuous enrollment** in other qualified medical coverage

No later than 60 days after other qualifying coverage ends!



Washington State Health Care Authority	2023 PEBB R		ion
	Form (form A)	
form replaces all retiree enrolling	h to make a change to an exi- lange Form (form E). All forms storial about how to complete at hca.wa.gov/pebb-retire in Section 7. To enroll childre- ment/change forms submitte ing all capital lettering in the	sting retiree account, and documents e this form es. n, fill out Section 9. Th d in the past. spaces provided.	
Required	General informa	tion	
Retiree, employee, or schoo	lemployee information on	du.	
			100 10 100) as dependent and date
If you are a surviving spouse, s deceased employee's or retired		ther (defined in WAC) e your personal infor	182-12-109), or dependent, provide the mation in Section 1.
Retiree, employee, or school er			Social Security number
Retirement plan			
Retirement date (or separation	an date of an 3 or higher-ed	ucation retirement pl	ans)
Check one:			
Enrolling: I am a new	e or a surviving dependent	requesting to enroll i	n coverage.
Enrolling after deferring	Date other qualifying medic	cal coverage ended	ing) my coverage. Select your reason for determing. Ifying coverages since your date of deferral. parateming as ar
			lifying coverages since your date of deferral.
Separating: Engrate ande	r Fion 5 or a higher-educatio	in representent plan, se	portioning as or
For new nonrepresented em	ployees of a Washington S	tate educational se	rvice district who are retiring:
Educational Service District (E	SD)		
When does your current health	n plan coverage through your	r ESD, COBRA, or cont	inuation coverage end?
Note: If you are applying to en must submit proof of your cont			ur COBRA or continuation coverage ends, you



Dependent Eligibility



Non-Medicare subscribers or those enrolling a SRDP must provide dependent verification

Eligible Dependents









Legal spouse or State-Registered Domestic Partner (SRDP)

Children up to age 26

Biological, stepchildren, legally adopted

Extended Dependents

Niece, nephew, grandchild

Dependent Child with a Disability

Age 26 and older



Surviving Dependents

In the event of retiree's death, the **surviving eligible dependent(s)** may **continue, enroll in** or **defer** retiree coverage

- An eligible surviving spouse/SRDP may continue coverage indefinitely, so long as premiums are paid in full, and
 - The spouse/SRDP maintains enrollment in Medicare Parts A and B, if eligible
- Dependents may continue coverage **until they lose eligibility**
 - PEBB Program WAC 182-12-260

Surviving eligible dependent(s) **must notify PEBB Program no later than 60 days** after the retiree's death to continue, enroll in or defer retiree coverage.



One Moment Please

while we transition to another speaker



PEBB Medical Plans



Plan Availability

Plan availability differs by **plan type** and **place of residence**

- Information on plan availability can be found
 - 2023 PEBB Retiree Enrollment Guide (pg. 7-9, 37-39)
 - PEBB Retiree website: Medical plans available by county page





Non-Medicare Medical Plans

Medical Plan Options & Premiums for retirees not enrolled in Medicare



PEBB Non-Medicare plans

Kaiser Permanente NW	Kaiser Permanente WA	Uniform Medical Plan
Classic	Classic	Classic
CDHP	CDHP	CDHP
	SoundChoice	Select
	Value	UMP Plus PSHVN & UW ACN



PEBB Non-Medicare Plans

Managed Care Plans (HMO)

- Kaiser Permanente WA
- Kaiser Permanente NW

Plan availability varies by service area in Washington and surrounding states

Preferred Provider Plans (PPO)

- Uniform Medical Plan (UMP)
 - Administered by Regence BlueShield

Provides nationwide & worldwide coverage



What Do the Medical Plans Cover?

All plans cover the same basic health care services:





2023 PEBB Non-	Kaiser Pern	Kaiser Permanente NW		Kaiser Permanente WA			
Medicare monthly premiums - KP	Classic	CDHP	Classic	CDHP	SoundChoice	Value	
Subscriber only	\$842	\$700	\$837	\$700	\$716	\$764	
Subscriber & spouse	\$1,679	\$1,394	\$1,668	\$1,393	\$1,426	\$1,523	
Subscriber & child(ren)	\$1,469	\$1,235	\$1,460	\$1,234	\$1,249	\$1,333	
Subscriber, spouse, & child(ren)	\$2,306	\$1,871	\$2,292	\$1,869	\$1,959	\$2,093	

Premiums are rounded to the nearest dollar.

2023 PEBB Retiree Enrollment Guide, page 8



2023 PEBB Non-Medicare	Uniform Medical Plan					
monthly premiums - UMP	Classic	CDHP	Select	UMP Plus		
Subscriber only	\$805	\$704	\$729	\$767		
Subscriber & spouse	\$1,606	\$1,402	\$1,453	\$1,529		
Subscriber & child(ren)	\$1,406	\$1,242	\$1,272	\$1,338		
Subscriber, spouse, & child(ren)	\$2,206	\$1,882	\$1,996	\$2,100		

Premiums are rounded to the nearest dollar.

2023 PEBB Retiree Enrollment Guide, page 8



Consumer Directed Health Plans (CDHP)

A CDHP is a high-deductible health plan with a health savings account (HSA)

• The **PEBB Program contributes** to the HSA each month:

Coverage Type	Per month	Per year	2023 IRS Maximum contribution amounts
Single contribution	\$58.34	\$700.08	\$3,850 annually
Family contribution	\$116.67	\$1,400.04	\$7,750 annually
Members age 55+	N/A	N/A	Additional \$1,000

For non-Medicare subscribers only!

PEBB Program & non-Medicare retiree contributions may not exceed the IRS maximum



CDHP with/HSA and Medicare Don't Mix

Members enrolled in Medicare are not eligible to enroll in a CDHP w/HSA

If subscriber enrolled in a CDHP w/HSA enrolls in Medicare, subscriber must change their medical plan

• Changing medical plans after enrolling in Medicare will require the annual deductible and out-of-pocket maximum to start over

If any enrolled dependent enrolls in Medicare, the subscriber may:

- Change their medical plan, or
- Remove the dependent who is enrolled in Medicare
 - Dependent(s) not eligible to enroll in PEBB Continuation Coverage



Medicare Medical Plans

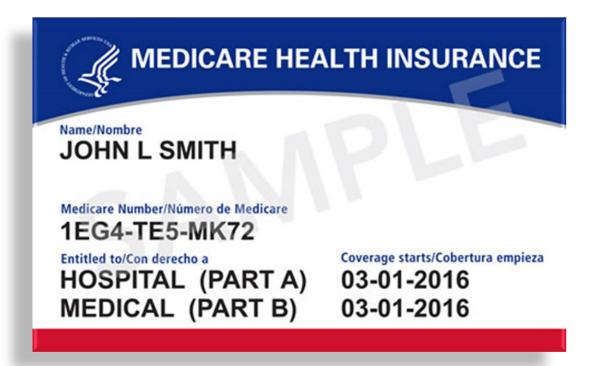
Medical Plan Options for retirees enrolled in Medicare Parts A & B



Medicare

Subscriber and any dependents enrolled in Medicare:

- Must submit a copy of:
 - Medicare card, or
 - Entitlement letter
- Showing the effective date of Medicare Parts A and Part B





PEBB Medicare Plans

Kaiser Permanente	Uniform Medical Plan	United HealthCare	Premera
NW Senior Advantage		PEBB Balance	Plan G
WA Medicare Advantage	Classic Medicare		Plan F
WA Original Medicare		PEBB Complete	(Closed to new enrollees as of January 1, 2020)



PEBB Medicare Plan types

The PEBB Program offers **three types** of Medicare Plans:





2023 PEBB Retiree Enrollment Guide, page 7-8

PEBB Medicare COB Plans

- UMP Classic Medicare
- Kaiser Permanente WA Original Medicare

What coverage is included?

- Original Medicare (Parts A & B)
 - Medicare pays primary on medical claims
 - Plan (UMP or Kaiser) pays secondary on medical claims
- Additional medical benefits
- Creditable prescription drug coverage

2023 PEBB Retiree Enrollment Guide, page 21 & 23





PEBB MA Plans

- Kaiser Permanente NW Senior Advantage
- Kaiser Permanente WA Medicare Advantage

What coverage is included?

- Original Medicare (Parts A & B)
- Additional medical benefits
- Creditable drug coverage





PEBB MAPD Plans

- United Healthcare (UHC) PEBB Complete
- United Healthcare (UHC) PEBB Balance

What coverage is included?

- Original Medicare (Parts A & B)
- Additional medical benefits
- **Part D** prescription drug coverage





2023 PEBB Retiree Enrollment Guide, page 21 & 23

Medicare Advantage Plans & Individual Medicare Plans

Members who want to enroll in a **PEBB Retiree Medicare Advantage health plan (MA or MAPD)**:

Kaiser Permanente NW Senior Advantage Kaiser Permanente WA Medicare Advantage United Healthcare PEBB Complete United Healthcare PEBB Balance

- Cannot sign up for another individual Medicare plan (another MA/MAPD plan outside of PEBB, or Medicare Part D plan)
- If enroll in both, member's PEBB MA/MAPD coverage **will end**!
 - Medicare only allows enrollment in one Medicare prescription drug plan



PEBB Medicare Supplement Plans

- Premera Plan G
- Premera Plan F
 - Closed to new enrollment as of January 1, 2020

What coverage is included?

- Original Medicare (Parts A & B)
- Closes the gap between original Medicare coverage and out-of-pocket costs





Medicare Plan Comparison

Plan	Original	Medicare		Medicare Supplement		
Features	UMP Classic	Kaiser WA Original Medicare	Kaiser NW Senior Advantage	Kaiser WA Medicare Advantage	UnitedHealthcare PEBB Balance/Complete	Premera Plan G
Nationwide Coverage	Yes	No	No	No	Yes	Yes
Medical Deductible	Yes	Yes	No	No	No	Yes
Pharmacy Deductible	Yes	No	No	No	Yes	N/A
Hearing Aids, Glasses/Contacts	Yes	Yes	Yes	Yes	Yes	No
Chiropractic, Acupuncture, Massage Therapy	Yes	Yes	Yes	Yes	Yes	Medicare Approved Only
Drug Coverage	Yes	Yes	Yes	Yes	Yes	No
Gym Membership	No	No	Yes	Yes	Yes	No

2023 PEBB Retiree Enrollment Guide, page 22

Washington State Health Care Authority

Medicare Plans

Coverages and Premiums



Kaiser Permanente WA & NW United Healthcare Uniform Medical Plan

Coverages and Premiums



What Is Covered?

All* plans cover the same basic health care services:



*Except PEBB Medicare Premera Blue Cross – Medicare Supplement Plan G



2023 Monthly premiums for members enrolled in Medicare Parts A and B		Kaiser Permanente NW		Kaiser Permanente WA				
		Senior Advantage	Classic (non-Medicare)	Medicare (Original or Advantage)	Classic (non-Medicare)	SoundChoice (non-Medicare)	Value (non-Medicare)	
Subscriber only	1 Medicare eligible	\$176	-	\$175	-	-		
Subscriber	1 Medicare eligible	-	\$1,013	-	\$1,006	\$885	\$934	
& spouse	2 Medicare eligible	\$347	-	\$344	-	-	-	
Subscriber	1 Medicare eligible	-	\$804	-	\$798	\$708	\$744	
& child(ren)	2 Medicare eligible	\$347		\$344				
Subceriber	1 Medicare eligible	-	\$1,641		\$1,630	\$1,418	\$1,503	
Subscriber, spouse,	2 Medicare eligible		\$975		\$968	\$877	\$914	
& child(ren)	3 Medicare eligible	\$519	-	\$514	-	-	-	

Note: Premiums do not include your Medicare Part B premium**(\$164.90**). **(\$174.70 in 2024**) 2023 PEBB Retiree Enrollment Guide, page 7



2023 Monthly premiums for members enrolled in Medicare Parts A and B		Uniform Me	Uniform Medical Plan		UnitedHealth Care				
		Classic Medicare	Classic (non-Medicare)	PEBB Balance	UMP Classic (non-Medicare)	PEBB Complete	UMP Classic (non-Medicare)		
Subscriber only	1 Medicare eligible	\$438	_	\$123		\$146			
Subscriber	1 Medicare eligible	-	\$1,239	-	\$923	-	\$946		
& spouse	2 Medicare eligible	\$872	-	\$241	-	\$286	-		
Subscriber	1 Medicare eligible	-	\$1,039	-	\$723		\$746		
& child(ren)	2 Medicare eligible	\$872		\$241		\$286			
Subscriber,	1 Medicare eligible		\$1,839	-	\$1,524		\$1,546		
spouse,	2 Medicare eligible		\$1,472		\$841		\$887		
& child(ren)	3 Medicare eligible	\$1,305	-	\$359	-	\$427	-		

Note: Premiums do not include your Medicare Part B premium(\$164.90). **(\$174.70 in 2024)** 2023 PEBB Retiree Enrollment Guide, page 7



Premera Blue Cross Medicare Supplement Plan G

Coverages and Premiums



What is Covered?

Premera Blue Cross Medicare Supplement Plan G coverage includes:





2023 PEBB Retiree Enrollment Guide, page 21

What is Not Covered?

Premera Blue Cross Medicare Supplement Plan G DOES NOT generally cover:



2023 PEBB Retiree Enrollment Guide, page 31



2023 Monthly premiums for members enrolled in Medicare Parts A and B		Premera Plan G					
		Plan G Age 65+, eligible by age	UMP Classic (non-Medicare)	Plan G Under age 65, eligible by disability	UMP Classic (non-Medicare)		
Subscriber only	1 Medicare eligible	\$99	-	\$164			
	1 Medicare eligible	-	\$899	-	\$964		
Subscriber & spouse	2 Medicare eligible: 1 retired, 1 disabled	\$258	-	\$258	-		
	2 Medicare eligible	\$192	-	\$323	-		
Subscriber & child(ren)	1 Medicare eligible	-	\$699	-	\$764		
	1 Medicare eligible	-	\$1,499	-	\$1,565		
Subscriber, spouse, & child(ren)	2 Medicare eligible: 1 retired, 1 disabled	-	\$859	-	\$859		
	2 Medicare eligible	-	\$792	-	\$923		

Note: Premiums do not include your Medicare Part B premium**(\$164.90**). **(\$174.70 in 2024**) 2023 PEBB Retiree Enrollment Guide, page 8



PEBB Retiree Benefits & Medicare



PEBB Retiree Benefits & Medicare

More information on PEBB medical plans with Medicare

 Medicare and PEBB Program benefits on PEBB Retiree webpage Home > Employee and retiree benefits > Retirees

Retirees

As a retiree, your PEBB benefits include medical (including vision) and dental coverage. You may also have term life insurance. Explore the benefits available to you and learn how to enroll and manage your coverage.

Are you preparing to retire? We offer **monthly retirement webinars** that walk through eligibility, the enrollment process, and explain what benefits are available.

PEBB My Account

PEBB Medicare offerings Inspire others with your story! Information about novel corona virus (COVID-19)

Find benefits Determine eligibility Explore costs Medical plans & benefits (including vision) Am I eligible? Medicare plan premiums Dental plans & benefits Non-Medicare plan premiums Are my dependents eligible? Find a PEBB plan provider Life insurance premium: Are my survivors eligible? Life, home & auto benefits Surcharges Paving for benefits PEBB wellness programs Medicare & turning age 65 Learn how to enroll Learn how & why to defer For survivors How do I enroll? What is deferring & why would I? Enroll as a survivor How do I defer? Attend a retirement webinar Defer as a survivor Verify & enroll my dependents How do I enroll after deferring? How do I notify PEBB that my loved one has passed away?



Employee Benefits & Medicare

Planning to continue working past age 65?



PEBB Employee Benefits & Medicare

Find information on how Medicare works with PEBB employee benefits

> Medicare and PEBB benefits <u>while employed</u> on PEBB Public employee's webpage

Home > Employee and retiree benefits > Public employee:

Public employees

Your PEBB benefits include medical (with vision) and dental coverage and discounted auto and homeowners' insurance. You may also have life, accidental death and dismemberment, long-term disability insurance, the option to enroll in a flexible spending arrangement and the Dependent Care Assistance Program.

Explore the benefits available to you as a public employee and learn how to enroll and manage your coverage.

PEBB My Account

Find benefits

benefits

Dental plans & benefits

Find a PEBB plan provider

PEBB wellness programs

Medical plans & benefits (including vision

Life, home, auto, AD&D, LTD, FSA, & DCAP

Medicare & PEBB benefits while employed

May For Your Benefit newsletter Inspire others with your story! Information about novel corona virus (COVID-19)

> Explore costs Medical plan premiums Life insurance premiums Long-term disability insurance premiums Surcharges Paying for benefits

Determine eligibility Am I eligible? Are my dependents eligible? Are my survivors eligible?

67 www.hca.wa.gov/employee-retiree-benefits/public-employees/medicare-and-pebb-benefits-while-employed



SEBB Employee Benefits and Medicare

Medicare and **SEBB benefits** while employed:

Home > Employee and retiree benefits > School employees

School employees

Your SEBB benefits include medical, dental, vision, life and AD&D, flexible spending arrangements, -- just to name a few. Explore benefits available to you as a school employee and learn how to enroll and manage your coverage.

SEBB My Account

Find benefits

Medical plans & benefits

Dental plans & benefits

Vision plans & benefits Find a SEBB plan provider

SEBB wellness programs

Life, LTD, FSA, & DCAP benefits

Medicare & SEBB benefits while employed

May Intercom newsletter Inspire others with your story! Information about novel corona virus (COVID-19)

Explore costs

Surcharges

Paying for benefits

Medical plan premiums

Life insurance premiums

Long-term disability insurance premiums

Determine eligibility
Am I eligible?
Are my dependents eligible?
Are my survivors eligible?



Planning to continue working past age 65?

If **age 65+**, still working, and enrolled in PEBB or SEBB benefits through your employer you may:

- Sign up for Medicare Part A, and
- Wait to sign up for Medicare Part B

Contact the Social Security Administration **60-90 days** before your employee coverage ends

• Enroll in Medicare Part B

Social Security Administration: 1-800-772-1213



Dental Plans



PEBB Dental Plans

Preferred-Provider Plan (PPO)

• Uniform Dental Plan (UDP)

Managed Care Plans

- DeltaCare
- Willamette Dental

Retirees who elect dental coverage **<u>must</u>**:

- Enroll in medical coverage
- Enroll all dependents on your account in dental
 - Terminating dental coverage for dependents also terminates their medical coverage

Retirees can change their dental plan each year during annual open enrollment



PEBB Dental Plans cont.

Delta Dental of Washington administers both:

- Uniform Dental Plan (PPO)
- DeltaCare (managed care plan)

The network of providers are different

- Call the plan directly to verify which network your dentist participates in
 - Uniform Dental Plan: 1-800-537-3406
 - DeltaCare: 1-800-650-1583
- Willamette: 1-855-433-6825 2023 PEBB Retiree Enrollment Guide, page 6





2023 Dental plan monthly	PPO Plan	Managed Care Plans		
premiums	Uniform Dental Plan	DeltaCare	Willamette Dental	
Subscriber only	\$49	\$42	\$44	
Subscriber & spouse	\$97	\$83	\$89	
Subscriber & child(ren)	\$97	\$83	\$89	
Subscriber, spouse, & child(ren)	\$146	\$125	\$133	

Dental premium is in addition to PEBB retiree medical plan premium. Premiums are rounded to the nearest dollar.

2023 PEBB Retiree Enrollment Guide, page 49 (Dental Benefits Comparison)

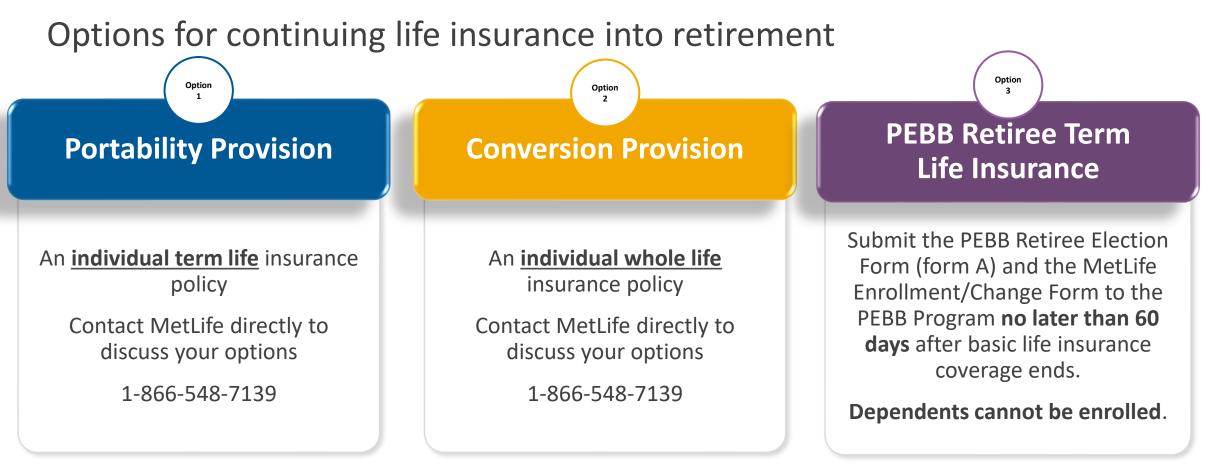


Life Insurance

Administered by MetLife



Life Insurance



2023 PEBB Retiree Enrollment Guide, page 10 & 51-52

⁷⁵ hca.wa.gov/employee-retiree-benefits/retirees/life-insurance

Washington State Health Care Authority

One Moment Please

while we transition to another speaker



Retirement Resources



Verify Your Retirement Eligibility

Department of Retirement Systems (DRS)

- Contact DRS about 6 months before your planned retirement date
 - 1-800-547-6657
 - Submit questions/inquiries via DRS secure messaging system

DRS Home Co	iontact Us
	Help
vilication represents your individual retirement detail for your DRS-administered account as of Thursday, March 31, 2022. If this information is incorrect, please see the instructions on how to make changes.	



Verify Your Retirement Eligibility cont.

ELCOME	Contact Us			
ERS 2 🗸	To contact us by email			
Plan Summary	Complete this form and click the 'Send' butt	on.		
Service Credit Detail	Contact Information		Steps to Retirement	
Employment History Benefit Estimator	Marra			
Purchasing Service	Name:			
Purchasing Annuity	E-mail Address:	1	We want to make applyin	ng for retirement as easy as possible. Below are some
RETIREMENT			Stop 4	Retirement Eligibility
Steps to Retirement	Subject:	Please select one	Step 1	
ERS 2 💙	Comments:			
Plan Summary				
Service Credit Detail				
Employment History				
Benefit Estimator			Stor 0	Plan for Retirement
Purchasing Service			Step 2	
ETIREMENT			Step 3	Request an Estimate
Steps to Retirement	Send Clear Form		and a	
			Step 4	Apply for Retirement
DCP	To contact us by phone		endb :	
Y DOCUMENTS	You can call us at 360-664-7000 (Olympia a	rea) or 800-547-6657		
ACCOUNT	If you have:			
	Questions about your retirement accou Trouble logging in or registering for acc			
HEDULE APPOINTMENT	Technical problems with the application			
THER 💙	To contact us by U.S. mail			



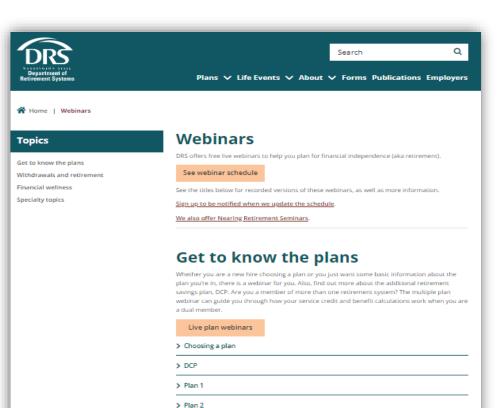
Retirement Resources

Department of Retirement Systems Visit the DRS website to:

- Watch recorded videos or register for a live seminar or webinar
 - www.drs.wa.gov/webinars/

Higher Education Retirement Plan (HERP) or non-DRS retirement plan

 Contact your benefits office or retirement plan for more information



Withdrawals and retirement

annuity or additional service credit to increase your benefit

Live withdrawal webinary

> Purchasing an annuity or service credit

> If I knew then what I know now
 > Getting ready for retirement

> Early retirement

preview of the application process. If you are separated and want to know your withdrawal options prior to retirement, there is also information here for you. Also, find out more about purchasing an

> Plan 3
 > Multiple plans

Washington State Health Care Authority

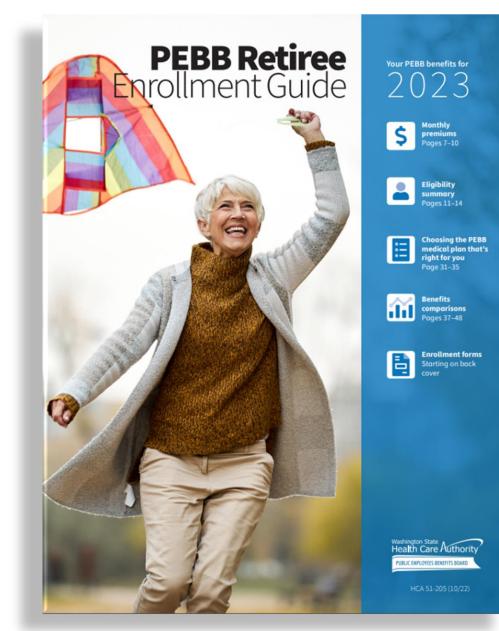
Enrollment Process & Premium Payment Options



Requesting Retiree Insurance Information

Approximately **60 days** before your coverage ends:

- Call the PEBB Program
 - 1-800-200-1004
 - Request a PEBB Retiree Enrollment Guide
- Visit the PEBB Retiree website
 - Print the guide and forms





Completing Retiree Enrollment Forms

Find out which forms you need and how to complete them

• Use the step-by-step tutorial

Home > Employee and retiree benefits > Retirees > How do I enroll?

How do I enroll?

Whether you're newly eligible or **enrolling after deferring coverage**, the most important thing you need to do is submit the Retiree Election Form (form A) — along with any other required forms and documents based on your situation — by the required deadline. Once you have submitted your enrollment materials we will notify you of next steps.

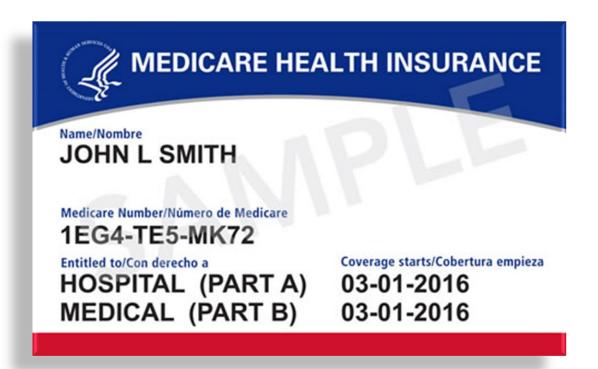
On this page	About to retire? There is a limited time to	enroll.
	Understand the deadlines	
	Things you must do and their deadlines	
	Criteria you must meet	-
	Find your forms	-
	Submit your materials	
	Related laws and rules	
About to retire? ⁻ enroll.	There is a limited time to	Need help completing the
	e 60 days after your current coverage ends to submit an ram showing that you want to enroll in PEBB retiree	Retiree Election Form (form A)?
insurance coverage.		Use the step-by-step tutorial
"Current coverage" includes:		



Medicare Enrollment

Subscriber and any dependents enrolled in Medicare

- Must submit a copy of the:
 - Medicare card, or
 - Entitlement letter
- Showing the effective date of Medicare Parts A and B





Enrolling in Coverage

UHC PEBB Complete or UHC PEBB Balance plan:

Forms must be received by the PEBB Program **prior to the coverage effective date.**

If forms are received **after** retiree coverage is set to begin:

- Subscriber and enrolled dependents
 will be enrolled in UMP Classic
 during the gap months
 - Prior to when the UHC plan coverage begins

Any other PEBB Retiree medical plan:

Forms must be received by the PEBB Program **no later than 60 days** after employer-paid, COBRA, or continuation coverage ends.

Election forms may be submitted to the PEBB Program as early as **90 days before employer coverage ends**

Washington State

Health Care Authorit

Election forms may be submitted to the PEBB Program as early as 90 days before coverage ends.

Premium Payment & Options

First premium payment is due to HCA **no later than 45 days after** your **60-day election period ends.**

Pension deduction

You may get an invoice for first payment (Due to DRS timing issues)

Automatic bank withdrawal

Submit PEBB Electronic Debit Service Agreement Form (6-8 weeks approval)

Personal check or money order

Receive and pay a monthly invoice from HCA (Due 15th of each month)

Voluntary Employees' Beneficiary Association (VEBA) 1-888-828-4953

2024 PEBB Retiree Enrollment Guide, page

88 hca.wa.gov/assets/pebb/42-0450-pebb-electronic-debit-service-2024.pdf



Election forms may be submitted **as early as <u>90 days</u> before** coverage ends.

Retirement Timeline

 Contact DRS
 6 months before retirement date

Request an estimate of your benefit.

60 days- Submit your retirement application to DRS.

2. Contact SSA 60-90 days before retirement date (if eligible for Medicare) 3. Request PEBB Retiree Enrollment Guide 60-90 days before employer coverage ends 4. PEBB Program must receive forms no later than 60 days after employer coverage ends

5. First premium payment due no later than
45 days after your 60-day election period ends

Forms must be received prior to the coverage effective date if electing a UHC plan



Making Changes



Annual Open Enrollment

During the month of November, subscribers may:

- Change medical or dental plan
- Add dental coverage
- Enroll an eligible dependent
- Remove a dependent



- Terminate or defer (postpone) PEBB retiree insurance coverage
- Return from deferring with proof of continuous coverage

Required forms/documents must be received by the PEBB Program no later than the last day of annual open enrollment. (November 30) Changes are effective January 1 of the following year.

2023 PEBB Retiree Enrollment Guide, page 24



le on the HCA website o

Changes Outside of Open Enrollment

Any time throughout the year, subscribers may:

- Change name, address or phone number
- Terminate or defer (postpone) PEBB retiree insurance coverage
- Remove a dependent
- Change beneficiary information
 - Retiree term life insurance and/or
 - Health Savings Account (HSA) (non-Medicare subscribers)

Non-Medicare subscribers may also:

- Change tobacco use/spousal coverage premium surcharge attestation
 - Spousal coverage surcharge when due to qualifying special open enrollment event
- Start, stop, or change HSA contributions



Special Open Enrollment Event

- A "qualifying event" triggers a Special Open Enrollment
 - Examples:
 - Marriage or registration of a partnership
 - Divorce/dissolution
 - Required to remove a spouse/partner in the event of divorce/dissolution
 - Enroll in Medicare
 - Subscriber or dependent loses eligibility for other qualifying coverage

Required forms/documents must be received by the PEBB Program no later than 60 days after the date of the event

2023 PEBB Retiree Enrollment Guide, page 24-26



⁹³ hca.wa.gov/pebb-rules

To Learn More....



PEBB Retiree Benefits and Medicare

Visit the PEBB Retirees website:

www.hca.wa.gov/retirees-age-65

- What are the different parts of Medicare?
- What must I do when I am eligible for Medicare?
- What are my medical plan options?
- Do I need to enroll in Part D?
- FAQs

Home > Employee and retiree benefits > Retirees

Retirees

As a retiree, your PEBB benefits include medical (including vision) and dental coverage. You may also have term life insurance. Explore the benefits available to you and learn how to enroll and manage your coverage.

Are you preparing to retire? We offer monthly retirement webinars that walk through eligibility, the enrollment process, and explain what benefits are available.

PEBB My Account

PEBB Medicare offerings Inspire others with your story! Information about novel corona virus (COVID-19)

Find benefits
Medical plans & benefits (including vision)
Dental plans & benefits
Find a PEBB plan provider
Life, home & auto benefits
PEBB wellness programs
Medicare & turning age 65

Explore costs Medicare plan premiums Non-Medicare plan premiums Life insurance premiums Surcharges Paying for benefits V

Determine eligibility	
Am I eligible?	
Are my dependents eligible?	
Are my survivors eligible?	



Medical Benefits Comparison Tool

Home > Employee and retiree benefits > Retirees > Medical plans & benefits

Medical plans and benefits

Explore the medical plans and benefits available to PEBB retiree subscribers and dependents.

 Benefits and coverage by plan 	٠	Benefits	and	coverage	by p	lar
---------------------------------------------------	---	----------	-----	----------	------	-----

- Compare medical plans
- Behavioral health services by plan
- Medical plans available by county

 Kaiser Permanente NW plans
 Kaiser Foundation Health Plan of the Northwest offers plans in Clark and Cowlitz counties in Washington and select counties in Oregon.

Kaiser Permanente WA plans
 Kaiser Foundation Health Plan of Washington

 Medicare Supplement Plan F Closed to new enrollment as of January 1, 2020.

Medicare Supplement Plan G

Uniform Medical Plan (UMP)

- Administered by Regence BlueShield and WSRxS
- UnitedHealthcare plans
- Health plans with health savings accounts (HSA) (non-Medicare subscribers only)

Get a side-by-side comparison of common medical benefits and costs for service.

Medical benefits comparison tool

Washington State Health Care Authority Home About HCA Contact HCA Medical Benefit Comparison Which year would you like information on? 2023 What type of enrollee are you? Medical Benefit Comparison Year: 2023 Use this tool to see plan highlights side-by-side. Benefits shown are in-Enrollee network only, unless stated otherwise. You may have to pay a deductible Retiree (Medicare) Type: before the plan covers services. Contact the plans or read the benefits Thurston County, Washir Location: booklet for out-of-network benefits and specific coverage details. << Modify Search Before selecting a plan, use the Plan provider search to make sure your provider is in network. Choose up to three plans t ompare unty, Washington for 2023 Retiree (Medicare) plans in Thursto Kaiser Permanente WA Medic dvantage Premera Blue Cross Plan G Uniform Medical Plan (UMP) sic (Medicare) UnitedHealthcare PEBB Bala UnitedHealthcare PEBB Cor Note: Premera Blue Cross a ffers Medicare Supplement Plan F in this county. Plan F is closed to new enrollees. UnitedHealthcare PEBB Ba , UnitedHealthcare PEBB Complete: available in all Washington, Oregon, and Idaho counties and nationwide (including Ame Samoa, Guam, the Northern Marianas, Puerto Rico and the US Virgin Islands). If you're enrolled in Medic Parts A and B, but your dependent(s) on your PEBB account are not Medicare eligible, they may have to enroll in a different plan. Compare the plans you chose Only show benefits that are different. er Permanente WA Medicar Annual Cost Premera Blue Cross Plan G UnitedHealthcare PEBB Balance Advantage Member pays Member pays Member pays Medical deductible \$0 Part B deductible: \$226 / person \$0 What is a medical deductible? Medical out-of-pocket limit What is a medical out-of-pocket \$2,500 / person \$226 / person \$2,000 / person limit?

N/A

N/A

Prescription drug deductible

Prescription drug out-of-pocket limit None

None



\$100 (Tiers 2, 3, and 4)

\$2,000 / person

Retiree engagement webpage

- How is HCA connecting with retirees?
- How will feedback be used?
- Why are we doing retiree engagement?
- Actions HCA has taken
- FAQs
- Medicare myths

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Free or low-cost health c	are Employee & retiree benefits	Billers, providers & partners	About HCA	Cont
ome > About HCA > Program	ms & initiatives > Public Employees Benefi	ts Board (PEBB) Program > What we'	re working on > Retiree e	engageme
Retiree en	gagement			
Ve want to know wha	t retirees like about the Public	Employees Benefits Board	(PEBB) Medicare	medic
ve want to know wha			. ,	
ind what could be bet	tter. The insights our members	provide will help HCA and	the PEB Board sh	ape tu
	tter. The insights our members well as how we communicate i			ape fu
	-			ape fu
	well as how we communicate i			ape fu
Prepare for open enroll	well as how we communicate i Iment through 30, 2023. We've put together some tips to I	mportant information abo	ut changes.	
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Prepare for open enrol Open enrollment is November 1 significantly for 2024. Read the i	well as how we communicate i Iment through 30, 2023. We've put together some tips to I mportant information from the PEBB Program abo	mportant information abo help you prepare. See what's changing for 20 out retiree premiums. th retirees?	ut changes.	
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Prepare for open enrol Open enrollment is November 1 significantly for 2024. Read the i	Well as how we communicate i Iment through 30, 2023. We've put together some tips to I mportant information from the PEBB Program above How is HCA connecting with How will feedback be used	mportant information abo help you prepare. See what's changing for 20 out retiree premiums. th retirees? 17	ut changes.	
Prepare for open enrol Open enrollment is November 1 significantly for 2024. Read the i	Well as how we communicate i Iment through 30, 2023. We've put together some tips to I mportant information from the PEBB Program about How is HCA connecting with How will feedback be used Why are we doing retiree of	mportant information abo help you prepare. See what's changing for 20 out retiree premiums. th retirees? 17	ut changes.	

How will feedback be used?

HCA is committed to providing quality customer service to our members. We want to improve how we provide important information about benefits and changes. We will use feedback we receive during these sessions to:

- Ensure our communication materials better meet our members' needs.
- Report to the PEB Board to help guide future benefit designs and proposals.
- Inform HCA and the plans on how we can better serve our members.

Why are we doing retiree engagement?

In 2022, HCA expressed concern to the PEB Board about the rapidly rising UMP Classic Medicare premiums. Based on member feedback, the decision was made to keep UMP Medicare as a plan option. The PEB Board resolved to review this no sooner than 2024, however, the current HCA leadership has committed to taking no action on closing UMP Classic Medicare for the foreseeable future.

Washington State

Who to Contact



Who to Contact

Health Plans

- How the health plan works
- Network health care providers
- Specific prescription coverage
- Claims
- ID cards

Health Plan Contact Information

- Retiree Enrollment Guide: pages 5-6
- PEBB website: www.hca.wa.gov/pebbretirees
- Benefits ID card



Get help with Medicare

Medicare

1-800-633-4227

Social Security Administration

Medicare enrollment

1-800-772-1213

Statewide Health Insurance Benefits Advisors (SHIBA)

Office of insurance commissioner

Free, unbiased and confidential help with Medicare

1-800-562-6900

2023 PEBB Retiree Enrollment Guide, page 5

¹⁰⁰ insurance.wa.gov/statewide-health-insurance-benefits-advisors-shiba

Washington State Health Care Authority

PEBB Customer Service

For questions about:

- Eligibility and enrollment
- Changes to your account
- Change your name, address, or phone#
- Enroll or remove dependents Forms
- Eligibility complaints or appeals
- Premium surcharge (non-Medicare)



support.hca.wa.gov/hcasupport

Call 1-800-200-1004 **Monday- Friday** 8 a.m. to 4:30 p.m.



Online HCA Support Portal





Key takeaways

- Use the PEBB Retiree website & Retiree Enrollment guide as a resource
- Enroll, defer or submit an SOE No later than 60 days
- PEBB Program must receive elections form even if you plan to defer
- Monthly medical premium to HCA is separate from your monthly Medicare Part B premium to SSA
- Subscribers must have medical to enroll in dental coverage
- Questions:
 - Contact PEBB customer service at 1-800-200-1004, M-F, 8 a.m.4:30 p.m.
 - Send a secure message through HCA Support
 - Walk into the HCA building during business hours



Thank You!

